

CEDARBROOK CLUB

# Summer 2008 Newsletter

## President's Message

The Board and its various committees have been working very hard this offseason and are excited about the new programs and services that will be offered at the Cedarbrook Club this summer. We have reviewed all of the club's contracts, and are confident that our members will be provided the best possible services at a reasonable price. The new tennis courts will be completed by end of May, and our tennis pro, Mike Kotz, has been working for months on his plans for the Junior Tennis team, group and private tennis lessons, and the tennis camps that will be offered to our members. In addition, the Cedarbrook Seahawks swim team is looking forward to another competitive season. The Board selected a new pool management company last December, and began the hiring process early in the year to ensure access to the best possible staff. In addition to the expanded hours at the pool this summer, we have developed an exciting new swim lesson program. We will also offer concessions at the pool, including a Coke machine, catered dinners by Mama Lucia's restaurant, and catered lunches by a lunch truck. The Social Committee has been finalizing its social calendar for the summer, which will offer a number of fun, new events. Finally, the Communications Committee has improved our website, and a club directory will be published and distributed to members this summer. Please visit our website at [www.cedarbrookclub.org](http://www.cedarbrookclub.org) for a daily calendar and the most up to date information. I am looking forward to seeing you all poolside in a few weeks!

Sol Gully, President

[www.cedarbrookclub.org](http://www.cedarbrookclub.org)

## COMMITTEE REPORTS

### Safety and Rules Committee

The Safety and Rules Committee is ordering new signs to be placed around the pool and tennis areas of Cedarbrook. The signs will reflect the rules consistent with those posted on the website and are designed with members' safety in mind as well as the protection of our new basketball and tennis courts. Please take the time to read the signs and follow the rules set forth by the Club.

***Help protect our new courts! All bikes, scooters, and wheeled toys are banned from the tennis and basketball courts. Only official tennis shoes or light-soled athletic shoes are permitted on the tennis courts.***

### Membership

The Board has been exploring options for updating our Membership database and entry into the pool. A new computerized system should be in place at the start of the season to ensure that only members will be able to enter the pool area. Using this new system should help cut down on overcrowding, making sure that only paying members are using the pool, make sure that all members are treated the same with respect to guest fees and most importantly to ensure proper liability coverage. We will need the cooperation and patience of all members to make the new I.D. system work. We are confident that the investment of this new system will be a welcome addition to the updated services and procedures at Cedarbrook Club.

### Communications Committee

The Communications Committee has been working to improve and expand communications about the Club and upcoming activities.

With the help of Club members Will Shepherdson and Liza Gully, the website ([www.cedarbrookclub.org](http://www.cedarbrookclub.org)) continues to be regularly updated. We are using a new website provider, making communications with the Club membership much more accessible. Also, member Sheila Canavan is developing a Cedarbrook Club directory for use by members. In addition to information on the Club's staff, hours and swim and tennis programs, we plan to include the names, addresses, phone numbers and email addresses of Cedarbrook members. We recognize that some people prefer to keep their contact information private, so **if you do not want your information to be included in the directory, please contact Sheila Canavan (301/897-0863) or Lori Steel (301/530-9209) by May 15th. If you would like to place an advertisement in the directory, please call Lori or Sheila.**

## 2008 BOARD MEMBERS

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301-530-6818

# CEDARBROOK SWIM TEAM 2008

Never been part of a swim team and wondered if this swim team is for your family? Come and try it. This is a great time to start and be part of the 52nd year of the Cedarbrook Seahawk Swim Team. The Cedarbrook Swim Team is open to children between the ages of 5 and 18 years old. Head Coach Dave Crocker works with his assistant coaches to assess the swimming level of the children to see if they are eligible for either the regular team (Seahawks) or the developmental team (Kiddie Hawks, usually aged 5-8 years). Afternoon practices start Tuesday, May 27 for the regular team, Monday, June 2 for Kiddie Hawks, and change to morning practices starting June 13. During the summer, afternoon practices continue to be available for Seahawk swimmers who attend camp in the daytime. On Friday evenings, the team has Pep Rallies for all team members with loud cheers followed by pizza and drinks. Special events are planned through the June-July swim season. Most meets are held on Wednesday evenings and Saturday mornings. The Wednesday meets are more casual -- the swimmers often choose their events with some coach input. The Saturday meets are the more competitive meets with assigned swimmers. Swim Team Registration fee is \$60 per swimmer.

**Interested in finding out more?** Call or email:

Magda Mooers, 301-263-1207, [mooplus@aol.com](mailto:mooplus@aol.com), Mary Sing 301-571-0161, [marydmt53@yahoo.com](mailto:marydmt53@yahoo.com)  
 Dave Crocker, Head Coach, [GCHSSwim@aol.com](mailto:GCHSSwim@aol.com)

**Practice Schedule:**

**May 27: Mondays through Fridays**

**4:30-5pm:** Kiddie Hawks (**Starts June 2nd**)

**5pm:** 8 yrs. and under     **6pm:** 9 – 12 yrs.     **7-8:00pm:** 13-18 yrs.

**June 13: Mondays through Thursdays**

**8-9:30am:** 11 yrs. and up     **9:30-10:30am:** 10yrs. and under (including Kiddie Hawks).

**Fridays: 9-10am** for all ages (no practice for Kiddie Hawks)

**Start June 16: Afternoon practice for Seahawk swimmers at camp (not kiddie hawks) M-T-Th: 5:30-6:30pm**

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**There is a mandatory PARENT MEETING on Tuesday, May 27<sup>th</sup> at 7pm at the pool for families of both new and returning swimmers. All families are required to SIGN UP for 4 volunteer jobs at this meeting.**

## CEDARBROOK SWIM TEAM REGISTRATION 2008

Please return completed form with registration fee of **\$60 per swimmer** by June 1, 2008. Checks made out to "Cedarbrook Club." Mail to: Mary Sing, 4209 Ambler Dr., Kensington, MD 20895 or put in "SWIM TEAM" envelope taped to wall inside guard house front door on or after Saturday, May 24.

Family Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Parent's Name \_\_\_\_\_ Parent's Name \_\_\_\_\_

| SWIMMER Name | DOB (mm/dd/yy) | New or Returning | SHIRT SIZE |
|--------------|----------------|------------------|------------|
| _____        | _____          | _____            | _____      |
| _____        | _____          | _____            | _____      |
| _____        | _____          | _____            | _____      |

CEDARBROOK SWIM LESSONS

This program is for children ages 3 years and older who are potty trained. Each group is divided into specific skill levels. The goal is for each child to master the required skill at one level before moving to the next level.

CHILD'S NAME \_\_\_\_\_ AGE: \_\_\_\_\_

Parents Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ e-mail \_\_\_\_\_

Please circle what your child is able to do now:

- |                           |                                   |
|---------------------------|-----------------------------------|
| Puts face in water        | Blows bubbles                     |
| Comfortable in the pool   | Floats on stomach                 |
| Doggy paddles             | Floats on back                    |
| Comfortable in deep water | Treads water                      |
| Swims with face in water  | Swims beginner freestyle          |
| Swims on back             | Bobs off the bottom of the pool   |
| Dives under water         | Swims freestyle                   |
| Swims backstroke          | Swims breaststroke                |
| Is on the swim team       | Is on the pre-team (Kiddie Hawks) |

PLEASE CHECK WHICH SESSION(S) YOU WANT TO SIGN UP FOR:

\_\_\_\_\_ SESSION I: June 16 - June 26 *classes run Monday - Thursday*

\_\_\_\_\_ SESSION II: June 30 - July 10 *classes run Monday - Thursday*

WHICH TIME SLOT WOULD YOU PREFER?

[Please mark first (1) AND second (2) choice]

\_\_\_\_\_ 10:45 - 11:15 am

\_\_\_\_\_ 11:20 - 11:50 am

**COST: \$80 per session. Please make checks payable to Cedarbrook Club.**

Three ways to sign up:

1. Send in registration form with \$80 check to Cedarbrook Club, PO Box 111, Kensington, MD 20895.
2. Sign up at Spring Fling—Saturday, May 17th 11:00—1:30.
2. Sign up in guard house during pool hours beginning, Saturday, May 24<sup>th</sup>.

As always, lessons are assigned to first-come, first-serve basis.

Lesson groups with fewer than 4 people may be regrouped/merged with others.

# CEDARBROOK TENNIS 2008

-FROM MIKE KOTZ, TENNIS PRO

I hope all of you are ready for another great season of tennis at Cedarbrook this year. I am looking forward to coming back as your Head Pro, and seeing you at the newly resurfaced courts which should be ready by the end of May. Our Mixed Doubles Round Robin was very popular last year and we hope to plan more Mixed Doubles this season. Please be on the lookout for postings of these events. **Please also remember that you must only wear tennis sneakers on the courts. No running shoes or other types of black soled shoes are allowed on the courts.** We now have ball machine rental by reservation only, so call me if you are interested.

We will have a lot of people playing tennis this year, so please remember to sign up in advance for your courts. You can only sign up ONE WEK IN ADVANCE (except for pro reserving courts for lessons). In Spring Season, Pro uses Courts 1 and 2 for classes on Tuesdays and Thursdays 6:15-8:00 pm. During Summer Session, Pro uses Courts 1 and 2 for classes on Tuesdays and Thursdays, 7:00—8:30 pm. Please check the sign-up book located in the gazebo for most current information.

Spring Fling will be a sign-up for SUMMER season only. You'll find the sign-up form for the spring session in this mailing. Please call me first (Mike at 301-962-7475) to check for openings and to make sure you're enrolling in the correct class.

Also, new this year is the Advanced Junior Team Clinic which will meet on Saturday afternoons for about 7 weeks starting June 16th. Call Mike for details.

Lesson Prices in 2008 - Private - \$25 per ½ hour or \$50 per hour. Semi-Privates - \$15 each per ½ hour or \$30 each per hour. Groups – Per Hour – 3 people- \$22; 4 people- \$19; 5 people - \$18; and 6 people- \$17. If you are interested in private or semi-private lessons, or in starting a group not on the schedule, please call and I'll find a time for you with one of the instructors.

I will have new 2008 demo racquets that you are welcome to try out. I also have many other tennis accessories. I can order most adult and junior racquets, as well as other accessories (grips, shoes, etc.) I also have access to a professional stringing service. Again, if you have any questions concerning tennis at Cedarbrook, please don't hesitate to call me!

## Cedarbrook Summer Tennis Camp is Back!

A number of places are still available at Cedarbrook's 2008 Tennis Camp. If you are interested in registering your child for one of the camps listed, please phone Mike on 301/962-7475 to find out if there are spaces left in the camp of your choice.

- ◆ **Session 1** — June 16 -20 (no camp on Thursday June 19th), 2:00—5:00 pm. Cost \$140. Non-members will be admitted starting May 3rd.
- ◆ **Session 2** — July 28-August 1, 8:00—11:30 am. Cost \$175. Non-members will be admitted June 9th.
- ◆ **Session 3** — August 18-22, 8:00—11:30 am. Cost \$175. Non-members will be admitted June 30th.

Reminder: No camper will be admitted without a check made out to Cedarbrook Inc. for the full camp amount. Please mail payments to Mike Kotz, 5205 Flanders Ave, Kensington, MD 20895.

# CEDARBROOK JUNIOR TENNIS TEAM

## (AGES 9 AND UP)

Cedarbrook is pleased to be part of the Montgomery County Junior Tennis League. Just as Cedarbrook encourages our kids to swim, we also encourage them to participate in tennis. Not all team members play in all the matches; however, all team members come to practice. This is a great low-cost opportunity for kids to learn more about tennis. Joining the team will earn you a 10% discount on other tennis class fees. It costs \$40.00 to join the team for the spring and summer. We would like to have a list of team members **before** Spring Fling weekend. If you have any questions about the team please call Mike at 301-962-7475.

### Practice Times: (Of Course, If The Courts Are Ready)

|  |  |  |
|--|--|--|
| <b>SPRING</b><br>May 22-June 12<br><br>(and July 31/Aug 7) | Age 12-18  | 3:45-5:15 Thursdays for six weeks (4 in spring, 2 in late summer)<br>Beginning May 22 thru June 12 and also July 31 and August 7 |
|  | Age 9-12   | 5:15-6:30 Thursdays for six weeks (4 in spring, 2 in late summer)<br>Beginning May 22 thru June 12 and also July 31 and August 7 |
| <b>SUMMER</b><br>June 19-July 24                           | Age 9-10   | 4:30 -6:00 Thursdays six weeks beginning June 19   |
|  | Age 11-13  | 2:00 -3:45 Thursdays six weeks beginning June 19   |
|  | Age 14 & up  | 3:00 -4:45 Thursdays six weeks beginning June 19   |
| <b>MATCHES</b>   | Most matches will be played on Tuesdays starting on June 17th. The matches will start at 12pm.<br>Rain dates will be scheduled on Thursdays. |  |

**End of season picnic will be held on Tuesday, July 22nd starting between 4:00 and 4:30.**

### To Join the Team:

Fill out the tear-off sheet below, make \$40.00 check payable to "Cedarbrook Inc.", and return to:

Mike Kotz, 5205 Flanders Ave., Kensington, MD 20895

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Montgomery County Junior Tennis League Application

Name \_\_\_\_\_ Sex \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

Birthdate (Mo) \_\_\_\_\_ (Day) \_\_\_\_\_ (Year) \_\_\_\_\_ (Age as of 7/31/08) \_\_\_\_\_

E-mail Address \_\_\_\_\_

Liability Waiver: As the parent (or guardian) of the above named minor, I grant permission for this minor to participate in any and all official activities of this tennis program for the 2008 summer season. I assume all risks and hazards incidental to such participation, including transportation to and from such activities; and do hereby release and waive any and all claims against the organizers, sponsors, supervisors, other participants, and persons transporting this minor.

Signature of Parent or Guardian \_\_\_\_\_

Experience playing tennis: \_\_\_\_\_

## 2008 Pool Hours

### Memorial Day weekend: May 24-26

Sat 10-9  
Sun 12-8  
Monday 10-8

### When Public School is in session: May 27 - June 11

M-Th 3-8  
Friday 3-9  
Sat 10-9  
Sun 12-8

### During Swim Team Season: (June 12 - July 10)

M-Th 12-9  
F, Sat 10-9  
Sun 12-9

### Regular Summer Hours: July 11 - August 24

M-Sat 10-9  
Sun 12-9

### August 25 (Mon) - September 1 (Labor Day):

Mon 10-8  
T-Th 3-8  
Fri 3-9  
Sat 10-9  
Sun 12-9  
Mon 10-7

#### **SWIM LESSONS**

*There will be two 2 week sessions of swim lessons, June 16 - July 10. Information and sign up sheet on page 3.*

## **REPORT OF THE SOCIAL COMMITTEE**

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Summer 2008 is shaping up to be a great one! We have planned many social events that cater to all members. Family potlucks, monthly adult cocktail parties and our traditional crab feast are all on the calendar. If you are interested in organizing an event or lending a hand on the day, contact Lori Steel 301-530-9209, Steve Bonavita 202-409-4029 or the event chair. Cheers!

### TENTATIVE SCHEDULE:

- ◆ Saturday, May 17th – **Cedarbrook Spring Fling** 11—1:30
- ◆ Monday, May 26th – **Memorial Day Potluck** 4pm.
- ◆ Saturday, May 31st – **Mexican Party (adults only)** 7pm Contact: Steve Bonavita or Lori Steel
- ◆ Saturday, June 28th—**Beer/Wine Tasting (adults only)** 7pm Contact: Steve Bonavita
- ◆ Friday, July 4<sup>th</sup> – **Games and BBQ** 11:30-2.
- ◆ Saturday, July 26th—**Jamaica in July (adults only)** 7pm Contact: Steve Bonavita
- ◆ Thursday, July 31st – **Ladies Night Book Swap** 7pm Contact: Penny Rigler
- ◆ Saturday, August 2nd – **Cedarbrook Family Picnic** 5pm
- ◆ Friday, August 29th – **Crab Feast**
- ◆ Saturday, August 30th– **Family Movie Night**
- ◆ Sunday, August 31st—**Cocktail Party (adults only)** 7pm Contact: Steve Bonavita

## **CEDARBROOK SEAHAWKS SWIM TEAM MEETS SUMMER 2008**

- ◆ Saturday, June 7 9am **Home:** Time Trials for all swimmers at Cedarbrook
- ◆ Wednesday, June 11 6pm **Away:** at Connecticut-Belair
- ◆ Saturday, June 14 9am **Home:** Damascus
- ◆ Wednesday, June 18 6pm **Home:** Woodley Gardens
- ◆ Saturday, June 21 9am **Home:** Woodley Gardens
- ◆ Sunday, June 22 9am **Away:** Relay Carnival at Damascus
- ◆ Wednesday, June 25 6pm **Away:** at Old Georgetown
- ◆ Saturday, June 28 9am **Away:** at Olney Mill
- ◆ Wednesday, July 2 6pm **Home:** Garrett Park
- ◆ Saturday, July 5 9am **Away:** at Stonebridge
- ◆ Wednesday, July 9 5:30pm **Home:** Tilden Woods (note: 5:30 start)
- ◆ Saturday, July 12 9am **Home:** Germantown
- ◆ Tuesday, July 15 5:30pm **Away:** Mini Meet at Tilden Woods (note: 5:30pm start)

## **"SPRING FLING"**

**Saturday, May 17<sup>th</sup> 11:00 to 1:30**

**Sign-ups For Summer Tennis and Swim Lessons**

**Rain or shine at the gazebo.**

## **Cedarbrook Service Listing**

Are you interested in babysitting, lawn mowing, and/or dog walking? I know many families that would love to hire local students. Please email Liza Gully at lizagully@yahoo.com to be included in the Cedarbrook Service Listing. I will compile names and phone numbers for the list and send to all Cedarbrook families. **Disclaimer—Cedarbrook assumes no liability for services contracted through this listing.**

Many thanks! Liza Gully

Cedarbrook Club  
10150 Cedar Lane  
Kensington, MD 20895  
Phone: 301-876-0512

[www.cedarbrookclub.org](http://www.cedarbrookclub.org)