



Cedarbrook Club

Summer 2009



May 2009 • Volume 4 • Issue 1

PRESIDENT'S MESSAGE:

With so much to do to create another great season at Cedarbrook, the Board has been busily living the mantra, It's fun to think about summer all year long. Our efforts have updated and enhanced the services, programs, physical plant and staff management objectives for the club. Please find program offerings, daily & weekly schedules and much, much more at www.cedarbrookclub.org. For your convenience, key program details and registration forms are included in this newsletter.

The Board is particularly pleased to highlight:

1. Phil Carter, our representative from Community Pools, Inc., has brought his dynamic, efficient, and professional management style to a myriad of issues at the pool. Phil grew up as a Cedarbrook member and has prior facilities management experience here, so he is in tune with our needs. Because of his yeoman's efforts, the great supporting team of contractors he manages, and lots of communication with the Board, the pool was filled in April and ready for inspection early; the grounds were groomed; the bath & guard houses were organized & cleaned; and all physical plant mechanics were analyzed with any necessary repairs scheduled for completion before opening day. Based on Phil's high level of responsiveness & efficient follow-through during the winter, the Board anticipates a very successful summer season.
2. In response to standards posited by the Health Department, state legislation, and on-going member support for the cleanest & safest facilities possible, the Board oversaw these state-of-the-art upgrades:
 - a. The pools' drains were retrofitted according to the strict measures of the Virginia Graeme Baker Pool & Spa Safety Act.
 - b. Every item on the loss prevention checklist created by our insurer, Ohio Casualty, was completed.
 - c. Community Pools installed - at no additional cost to us - a CAT system that automatically monitors and maintains chemical levels in both pools.
 - d. We purchased and installed two ozone-ators, one for each pool. Ozone-ators are one of the best devices available for eliminating bacteria from pool water.
3. We have updated the training standards for both water safety and out-of-chair duties for our guards. Our expectations have been coordinated with the impressive management standards already set by Community. This summer's staff is primed to be very pro-active about safety and service. Phil Carter is our site supervisor from Community Pools. Chris Mitchell returns as our on-site Pool Manager. Phil and Chris started in the early spring to coordinate program details and assemble a team of experienced guards and 'fresh faces'. All guards and managers should be easily recognizable thanks to their blue guard suits and related attire.
4. With all the white-glove treatment we've received, it seems Cedarbrook has become a favorite client of Dyer & Associates, P.C. in Kensington. Since the fall they have been instrumental in helping us develop our budget, manage cash flow, and process dues from a very active membership list. The Board has created a return address label for Dyer's use so that any club mailings that Dyer sends for us will be easily recognizable as Cedarbrook business. Dyer will process our guest fee charges throughout the season. The goal is to invoice at the end of July, August

President's Message continued on page 2

2009 Cedarbrook Board

■ The club's Board of Directors wants to provide a safe and fun facility for the members as well as an enjoyable working environment for our staff.

■ The board members want to hear what is being done right and what can be improved. Board members are available during regular Cedarbrook Board meetings, as well as during pool social events. Come let us know how we are doing! For more information, click on "Board" information within the club's website.

■ We are always looking for interested civic-minded members of our pool to help guide the direction of the club. Please feel free at any time to contact a Board member for information about what is involved or to volunteer.

Katie Engen, President
katie.engen@verizon.net (301) 325-4788

Susan Williams, Vice Preesident
susanowilliams@aol.com, (301) 530-6818

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Mo_Heim@yahoo.com, (301) 571-5337

Joe Mesmer, Board Member
jmesmer@columbiacc.org, (301) 951-5058

Susan Tropea, Board Member
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Chris Wilson, Board Member
WilsonChrisA@aol.com, (301) 530-5168

Linda Wolpert, Board Member
lgwmoose@yahoo.com, (301) 946-4783

POOL OPENS
Saturday MAY 23
10am

President's Message *continued from page 1*

and September. This year there is a flat fee of \$3 weekday/\$5 weekend for any adult or child guest using the pool or tennis courts.

5. The Tennis Program is growing! This year we introduced more adult league play, an enhanced Junior Team program, and an expanded set of classes and clinics for all ages and abilities, including Cardio Tennis for adults. See www.cedarbrookclub.org for full details. Tennis pro Mike Kotz's comments are on page 4 of this newsletter. The Board is pursuing grants from USTA to expand our program options, including a Quick Start program for the very young.
6. Getting into the swim of things continues to be fun and easy at Cedarbrook. The Swim Team welcomes back veteran super-coaches Dave Crocker & Michelle Duplinsky. Our swim team coordinators, Mary Sing & Magda Mooers, have provided all the details on the club's website or pages x in this newsletter.
7. Susan Williams and Michelle have set up another great swim lesson program. Lessons are available for all ages and stages – see pages 6 and 7 for another way to make a splash this summer.
8. We have contracted with Terra, Inc. to provide quality landscaping services at a significant savings over prior years. We are confident the grounds will continue to look as lovely as ever.
9. Cedarbrook Recycles! Look for the blue bins and drop in your cans & bottles. Potomac Disposal is now our service provider for recycling & regular trash pick up.
10. The computerized entry system is in use again for 2009. Members may check in at the front desk. Guests (including anyone using the tennis courts) must be registered and recorded in the computer. Members with accrued guest fees will be billed via Dyer & Associates 3x throughout the season. Guards may ask certain members to pose for updated photos (especially for those rapidly growing kids!).
11. Thanks to some heavy lifting from a few members plus the creative efforts of a few others, we have new vending machines in a new location. Check out the Snack Shack conveniently next to the bath house. Remember, food can be eaten on any grassy area. Food should not be eaten on any deck, including the Baby Pool. Also, alcohol is not allowed at the club except for certain permitted events.
12. Fun, fun, fun – As ever, there's lots of fun to be had at Cedarbrook. Memorial Day, 4th of July, & Labor Day festivities will continue as our summer social milestones with many more weekly events in between. Back by popular demand this year – Raft Night and Noodle Hour! Go to www.cedarbrookclub.org for a complete calendar.

*Here's to a happy & safe Summer Season 2009
at Cedarbrook Swim & Tennis Club!*

SOCIAL EVENTS

Family dinner nights, youth and adult parties, swim team pep rallies, raft nights, and other special events are held regularly at the pool. The Swim Team also has a steady stream of events and the Board supports events on Memorial Day, Fourth of July and Labor Day for the general pool membership.

Listed below are the dates and event coordinators for club events currently on the calendar. Additional event details will be posted at pool and on the club's website. Please contact event coordinators if you are willing to help with a specific event as we can use your help! If you are interested in organizing an event not currently on the calendar, feel free to contact Heather Tinsley at (301) 942-0778.

Be sure to check the complete club calendar on www.cedarbrookclub.org for major swim and tennis events as well as pool hours.

Memorial Day Spring Fling and Potluck

May 25, 5 - 7P at the pool

Event coordinator, Alana Aschenbach (301) 530-4669

"Back to Pool" Taco Dinner Night

Friday, June 5th, 6 - 7:30P

Event coordinator, Helen Williams (301) 530-5235

Fourth of July Celebration

July 4, time TBD

Event coordinator, Kerry Regan (301) 571-5391

Labor Day Cookout, September 7th

TBD

Event coordinator needed- contact Heather Tinsley (301) 942-0778 if interested in helping.

Ladies Book Swap

July 23, 7-9P (Gazebo); Raindate: July 24th

Event coordinator Penny Rigler (301) 581-0952

Parties

Bringing 10 or more guests into the pool on any one day constitutes a Private Party. All private parties must be registered with the Pool Manager. Please use the newly created "Cedarbrook Party Request Form" located on the "Social/Events" page within cedarbrookclub.org website. Unscheduled parties can disrupt normal pool operations and jeopardize everyone's safety by creating a shortage of lifeguards.

Noodle Hour!

Beginning June 25th - Every Thursday at 1 PM

Raft Nights!

Beginning June 22nd - Mondays 7-7:45PM,
Alternating age groups, check calendar.

Guest Fees

Anyone (6 years and up) using the pool, basketball court, and tennis courts who is not a Club member will be charged the standard guest fee of \$3/weekday and \$5/weekend. This includes anyone coming to the Club just for lessons.

Sign In

Members and their guests are requested to sign in to use the pool or tennis courts. Each member is asked to have their picture taken to verify membership with the sign-in computer and for membership cards. Membership cards can be presented for check-in at the front desk. If you do not have a card, the front desk attendant should ask you to have your picture taken so a card can be made for you. Sign in sheets for tennis guests are located by the tennis courts for your convenience. **Members will receive a bill for their guest fees at standard times during the season – most likely the end of July, August and September.**

Cedarbrook Pool Hours 2009 *

**Please note that adult swim (17 years and older) occurs the first 15 minutes on the hour.*

May 23rd- June 12th

(When Montgomery County Schools in Session):

Monday- Thursday: 3P-8P
Fridays: 3P- 9P
Saturdays: 10A-9P
Sundays: 12P-8P

Memorial Day (May 25th): 10A-8P

June 13th- July 19th (During Swim Team Season):

Monday- Thursday*: 12P- 9P
Fridays: 10A-9P
Saturdays*: 10A-9P
Sundays: 12P-9P

Independence Day (July 4th) 12P- 7P

** Except Wednesday night swim meets when pool CLOSES at 4:30P- July 1st and July 8th.*

** Except Saturday swim meets when the pool opens at 12P- June 13th, July 4th, and July 11th.*

July 20th- August 30th- (After Swim Team Season):

Monday- Saturday: 10A- 9P
Sundays: 12P-9P

August 31st- September 7th

(When Montgomery County Schools in Session):

Monday-Thursday: 3P-8P
Friday: 3P-9P
Saturday: 10A-9P
Sunday: 12P-9P

Monday, Labor Day (September 7th): 10A-7P

the Snack Shack!

New soda, juice, and snack machines are located on the grounds in the new “snack shack”. Please let the guards know if there is a problem with a machine so that it can be fixed.

A very special thank you to Joe Aschenbach and Rob Sansbury for helping spearhead this effort and donating MOST of their time and materials for this project. In addition, the following individuals helped move the shed to it's new location so electricity could be fitted: John Knapp, Pooh Strachan, Steve Bonivita, Mike Noyes, Pat Lively, Matt Maloney, Mark Tropea, and Rob Tinsley. Finally, thanks also to Heather Tinsley, Penny Rigler and Nancy Altemus for their creative vision in painting and providing finishing touches!

Cedarbrook Communications

E-MAIL/WEBSITE- In an effort to conserve paper and cut back costs, the Club conducts most of its correspondence through e-mail and postings on the club's website (www.cedarbrookclub.org). Please check the website regularly and help us maintain your current e-mail address. Note that we try to be sensitive to the amount of e-mails sent. However at times (such as the start of the season) more e-mails need to be sent to our membership in order to inform so thanks for understanding. Any necessary e-mail updates can be sent to Board Secretary.

CEDARBROOK LIST SERV- Need a “mother's helper”? Want to set up a tennis group? Or want to coordinate rides to the swim or tennis meets? Please join our member run listserv at http://groups.yahoo.com/group/Cedarbrook_Club/ for more timely day to day communications and a way to connect with fellow Cedarbrook members about the club and Cedarbrook community. Please note: all official business must be directly emailed to the appropriate contact person on the Board.

POOL AND TENNIS COURT BULLETIN BOARDS- Information about club events, programs and activities will also be posted on bulletin boards located at the pool and tennis courts. Please be sure to check them out for the latest club news!

www.cedarbrookclub.org

CEDARBROOK TENNIS 2009

— FROM MIKE KOTZ, TENNIS PRO

I hope all of you are ready for another great season of tennis at Cedarbrook this year. I am looking forward to coming back as your Head Pro and seeing you at the courts.

All spring and summer group tennis lessons have been posted on the club's website. Please be sure to check it out. A few of the highlights include:

- **A cardio class will start Friday May 22nd, from 9:30 to 10:30. I will take up to 6 sign-ups each week. Price is based on how many show up each week.**
- **Summer "companion" group lessons are available for various age groups. These lessons coincide with morning swim lessons and swim team so be sure to check it out for a "full Cedarbrook morning experience".**
<http://cedarbrookclub.org/tennis/lessons>
- **Advanced Junior Team Clinic will meet on Saturday afternoons for 7 weeks starting June 16th. Please call me for details.**

Information about Cedarbrook's Junior tennis team, tennis camps, and tennis rates are included in this newsletter and available on the website.

If you are interested in private or semi-private lessons, or starting a group not on the schedule, please call and I'll find a time for you with one of the instructors. The following rates apply for the 2009 season:

- **Private - \$28 per 1/2 hour or \$55 per hour.**
- **Semi-Privates - \$17 each per 1/2 hour or \$33 each per hour.**
- **Groups - Per Hour - 3 people- \$24; 4 people- \$21; 5 people - \$18; and 6 people- \$15.**

Cedarbrook Summer Tennis Camp is Back!

A number of places are still available at Cedarbrook's 2009 Tennis Camp. If you are interested in registering your child for one of the camps listed, please phone Mike on 301/962-7475 to find out if there are spaces left in the camp of your choice.

Session 1 — June 22 -26 (no camp on Thursday June 19th), 2:00—5:00 pm. Cost \$140. Non-members will be admitted starting April 27th.

Session 2 — August 24-August 28, 8:00—11:30 am. Cost \$175. Non-members will be admitted June 9th.

Session 3 — August 18-22, 8:00—11:30 am. Cost \$175. Non-members will be admitted June 30th.

Reminder: No camper will be admitted without a check made out to Cedarbrook Inc. for the full camp amount.

Please mail payments to:

Mike Kotz, 5205 Flanders Ave, Kensington, MD 20895.

Please also remember that you must only wear tennis sneakers on the courts. No running shoes or other types of black soled shoes are allowed on the courts. We now have ball machine rental by reservation only, so call me if you are interested.

We will have a lot of people playing tennis this year, so please remember to sign up in advance for your courts. You can only sign up ONE WEEK IN ADVANCE (except for pro reserving courts for lessons). The sign up book is in a plastic container in the gazebo.

In Spring & Summer Seasons, Pro uses Courts 1 and 2 for classes on Tuesday nights and Thursdays, courts 1 and 2 when needed. Please check the sign-up book located in the gazebo for most current information and tennis schedule located on club's website.

I will have new 2009 demo racquets that you are welcome to try out. I also have many other tennis accessories. I can order most adult and junior racquets, as well as other accessories (grips, shoes, etc.) I also have access to a professional stringing service. Again, if you have any questions concerning tennis at Cedarbrook, please don't hesitate to call me!

Adult Doubles League

Cedarbrook is starting a fun adult doubles league for men and women of all levels. The matches will be Sundays at 9:30 am, and Mondays and Wednesdays at 6:30 pm, from June 7 to July 29. The schedule will be made based on what days you are available, and you will be placed in groups of your level.

The fee is \$20 for members, \$30 for non-members. You can also sign up to be a substitute, with the fee of \$10/members, \$15/non-members. More details and registration are found under the tennis page at www.cedarbrookclub.org The deadline to sign up is Saturday May 30.

If you have any questions, please contact Linda Wolpert 301 946-4783 or lgwmoose@yahoo.com.

Cedarbrook Junior Team 2009 Summer Match Schedule

June 25th	Cedarbrook at Aspen Hill.....	12:30 start time
June 30th	Cedarbrook at Argyle	12:30 start time
July 7th	Potomac Woods at Cedarbrook	12:30 start time
July 9th	Cedarbrook at Norbeck.....	12:30 start time
July 14th	Twin Farms at Cedarbrook	2:30 start time
July 16th	Flower Valley at Cedarbrook.....	2:30 start time

Upcoming Tennis Events

Round Robin Tennis Tournament at Cedarbrook

Opening Day, Saturday, May 23rd, 3-5P
10 men & 10 women spaces available.
Contact Mike Kotz, Pro if interested (301) 962-7475

Kids Clinic during Spring Fling

(ages 5-10 years old)
Monday, May 25th
4-5P at the courts
- meet the instructors and play games

2009 CEDARBROOK JUNIOR TENNIS TEAM

Cedarbrook is pleased to participate in the Montgomery County Junior Tennis League. Our junior team practices weekly spring through summer and competes in matches June and July. In addition, the team plans to hold a "game day" for the younger players and a round robin tournament for the older players. To be eligible for the team, players must:

Be 9-17 years of age (9-10 year olds typically do not play in matches)

Be able to use forehand and backhand strokes

Have a basic knowledge of and interest in tennis

The team does not replace small group instruction. If your child is interested in tennis but not yet ready for the team or if your child would like more individualized instruction, contact Mike Kotz, Cedarbrook's Pro, at (301 962 7475) about private, semi-private or group lessons. (Team members receive 10% discount on tennis lessons taken during tennis season.)

PRACTICE TIMES:

SPRING MAY 7 –JUNE 11 Thursdays

Age 14 and up: 3:30-4:45

Age 11-13: 4:45- 5:45

Age 9-10: 5:45-6:45

SUMMER JUNE 18- July 23 Thursdays

Age 11-13: 2:00-3:45

Age 14 and up: 3:00-4:45

Age 9-10: 4:30-6:00

NOTE: May 28th, June 4th and June 11th; On these dates ONLY practice times change to the following due to swim team conflict:

Age 14 & up: 5:45P-7:00P

Age 11-13: 4:45P-5:45P

Age 9-10: 3:45P-4:45P

MATCHES There are typically 5-7 per season. Most matches will be played on Tuesdays or Thursdays starting mid June. Matches start at 12:30P. *The Jr. Tennis Team Picnic follows the July 21st match. It starts at 4:30 at the Gazebo.*

COST:

Ages 9-10: \$45.00

Ages 11-17 : \$50.00

***Make checks payable to Cedarbrook and mail to: Mike Kotz, Tennis Pro, 5205 Flanders Ave, Kensington, MD 20895
Complete the registration form below and return with your check.***

2009 CEDARBROOK JUNIOR TENNIS TEAM REGISTRATION

Name _____ Sex _____

Birth day _____ Age as of 7/31/09 _____

Address _____

E-mail _____ Phone _____

Liability Waiver: As the parent (or guardian) of the above named minor, I grant permission for this minor to participate in any and all official activities of this tennis program for the 2009 summer season. I assume all risks and hazards incidental to such participation, including transportation to and from such activities: and do hereby release and waive any and all claims against, sponsors, supervisors, other participants and persons transporting this minor.

Signature of parent or guardian: _____

Date: _____

Tennis experience: _____

Welcome to the Cedarbrook Swim Team!

Come be part of a great Cedarbrook tradition: The Cedarbrook Seahawks Swim Team is entering its 53rd summer as one of 88 teams that form the Montgomery County Swim League (MCSL). The Cedarbrook Swim Team is open to children between the ages of 5 and 18 years old who are Cedarbrook members. Head Coach Dave Crocker works with his assistant coaches to assess the swimming levels of the children to see if they are eligible for either the regular team (Seahawks) or the developmental team, the Kiddie Hawks. The Cedarbrook Kiddie Hawks is a "pre-team" (usually 5-8 year olds). Attention will be given to improving stroke technique and endurance.

Most meets are held on Wednesday evenings and Saturday mornings. The Wednesday meets are more casual – the swimmers often choose their events with some coach input. The Saturday meets are the more competitive meets with assigned swimmers. Swim meets run from mid June through July.

On Friday evenings, the team has Pep Rallies for all team members with loud cheers followed by pizza and drinks.

Special events are planned through the June-July swim season.

Afternoon practices start **Tuesday, May 26** for the regular team, **Monday, June 1 for Kiddie Hawks**, and change to morning practices starting June 18. During the summer, afternoon practices continue to be available for Seahawk swimmers who attend camp/school/work in the daytime.

Each family must volunteer for swim team jobs that are essential to keeping the team running. Seahawk families sign up for four jobs, and Kiddie Hawk families have one job. **A mandatory meeting for all swim team families is Tuesday, May 26, 7pm at the pool.**

Swim Team Registration fee is \$60 per swimmer. Interested in finding out more? Swim team info and calendar available on website, www.cedarbrookclub.org. OR: Call or email swim team chairs:

Magda Mooers, 301-263-1207; mooplus@aol.com,
 Mary Sing 301-571-0161; marydmt53@yahoo.com
 Dave Crocker, Head Coach, GCHSSwim@aol.com

CEDARBROOK SWIM TEAM REGISTRATION 2009

Please return completed form with registration fee of \$60 per swimmer by June 8, 2009.

Mail to: Mary Sing, 4209 Ambler Dr., Kensington, MD 20895 or put in "SWIM TEAM" envelope taped to wall inside guard house front door on or after Saturday, May 23.

Checks made out to: "Cedarbrook Club."

Family Name: _____ Email: _____

Address: _____ Phone: _____

Parent's Name _____ Parent's Name _____

SWIMMER'S Name	DOB (mm/dd/yy)	New or Returning?	SHIRT SIZE
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Teeshirt sizes: Youth sizes: YS, YM, YL; Adult sizes: AS, AM, AL, AXL

CEDARBROOK SWIM LESSON SIGN UP FORM

(fill out one per child)

Cedarbrook's swim lessons are geared for children ages 3 years and older who are potty trained. Each group is divided into specific skill levels. See class outline based on skill level at cedarbrookclub.org. The goal is for each child to master the required skill at one level before moving to the next level.

Swim lessons are \$80 per session. Please **make checks payable to Cedarbrook Club** and mail to: "Swim Lessons", PO Box 111, Kensington, MD 20895 or drop off in the "Swim Lessons" envelope located in the guard house.

Child Name: _____ Age: _____

Parent Name: _____

Address: _____

Phone: _____ E-mail: _____

Please check what your child is able to do now:

- | | |
|--|---|
| <input type="checkbox"/> Puts face in water | <input type="checkbox"/> Swims beginner freestyle |
| <input type="checkbox"/> Blows bubbles | <input type="checkbox"/> Swims on back |
| <input type="checkbox"/> Comfortable in the pool | <input type="checkbox"/> Bobs off the bottom of the pool |
| <input type="checkbox"/> Floats on stomach | <input type="checkbox"/> Dives under water |
| <input type="checkbox"/> Doggy paddles | <input type="checkbox"/> Swims freestyle |
| <input type="checkbox"/> Floats on back | <input type="checkbox"/> Swims backstroke |
| <input type="checkbox"/> Comfortable in deep water | <input type="checkbox"/> Swims breaststroke |
| <input type="checkbox"/> Treads water | <input type="checkbox"/> Is on the swim team? |
| <input type="checkbox"/> Swims with face in water | <input type="checkbox"/> Is on the pre-team (Kiddie Hawks)? |

PLEASE CHECK WHICH SESSION(S) YOU WANT TO SIGN UP FOR:

(Note: Classes run Monday-Thursday)

- SESSION I: June 22 - July 2
 SESSION II: July 6 - July 16
 SESSION III: July 20-July 30th (10A - 10:30A, no pre-beginner)

WHICH TIME SLOT DO YOU PREFER?

[Please mark first (1) AND second (2) choice]

- 10:45A - 11:15A 11:20A - 11:50A (session I and II)

POOL RULES

Cedarbrook's complete rules and regulations are posted around the club and available on-line at www.cedarbrookclub.org

These rules have been established for the protection of all members to assure the safe operation of the facilities and to provide enjoyable recreation for all members and their guests. Members are requested to observe all rules and obey instructions of the Management and other club employees.

Following are a few rules that are often asked about:

- All persons using the big pool must be 3 years old or older and be completely and successfully toilet trained. Diapers are not allowed in any part of the big pool, including the cove area.

- Children under the age of 10 must be accompanied to the pool area by a responsible person, who must remain with them. However, children age 8 may be permitted in the pool area unaccompanied if they have passed their basic test and have submitted written permission from their parents to the Pool Manager.

The basic test consists of:

- Swimming 2 lengths of the pool
- Floating for 1 minute
- Treading water for 2 minutes

2009 Cedarbrook Seahawks Swim Team Meet Schedule

Wednesday Night Meets: (home meets; pool closes at 4:30P)

June 17	at Regency Estates (with Connecticut Bel Air)
June 24	at Woodley Gardens
July 1	Home meet vs Old Georgetown
July 8	Home meet vs Garrett Park
July 15	at Tilden Woods

Saturday Morning Meets: (home meets: pool opens at 12P)

Saturday June 20	at Damascus
Saturday June 27	at Poolesville
Saturday July 4	Home meet vs Kentlands
Saturday July 11	Home meet vs Regency Estates
Saturday July 18	at River Falls

Saturday July 25th Divisional Meet – at Poolesville

Other Meets

Tuesday, July 7	Coaches Invitational Long Course: Away
Sunday, July 12	Relay Carnival at Regency Estates
Tuesday, July 21	Mini Meet (including Kiddie Hawks) at Tilden Woods
Saturday August 1	County All-Star Relay Meet at Rockville
Sunday August 2	County All-Star Individual Meet at Rockville

Cedarbrook Pool Hours 2009 *

May 23rd- June 12th (When Montgomery County Schools in Session):

Monday- Thursday:	3P-8P
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Saturdays:	10A-9P
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Memorial Day (May 25th): 10A-8P

June 13th- July 19th (During Swim Team Season):

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Independence Day (July 4th) 12P- 7P

* Except Wednesday night swim meets when pool CLOSSES at 4:30P- July 1st and July 8th.

* Except Saturday swim meets when the pool opens at 12P- June 13th, July 4th, and July 11th.

July 20th- August 30th- (After Swim Team Season):

Monday- Saturday:	10A- 9P
Sundays:	12P-9P

August 31st- September 7th (When Montgomery County Schools in Session):

Monday-Thursday:	3P-8P
Friday:	3P-9P
Saturday:	10A-9P
Sunday:	12P-9P

Monday, Labor Day (September 7th): 10A-7P

***PLEASE NOTE**
Adult swim
(17 years and older)
occurs the first
15 minutes on
the hour.